

## NCAA Division One Volleyball Recruiting Rules

### As a Sophomore in high school:

Recruiting Tactic	As a Sophomore
Recruiting Material	*You may receive brochures for camps and questionnaires.
Telephone Calls	*You can call the coach at your own expense. **Coach cannot call you.
Off-Campus Contact	*Not Permitted
Official Visits	*Not Permitted
Unofficial Visits	*Unlimited

### As a Junior in High School:

Recruiting Tactic	As a Junior
Recruiting Material	*You can begin to receive recruiting material and information from the coach on September 1st.
Telephone Calls	*You can call the coach at your own expense. **You can receive one per week starting July 1st after your Junior year. ***Telephone calls are unlimited during contact periods.
Off-Campus Contact	*Allowed July 1st after your Junior year.
Official Visits	*Not Permitted
Unofficial Visits	*Unlimited

### As a Senior in high school:

Recruiting Tactic	As a Senior
Recruiting Material	*You can receive material and information from the coach
Telephone Calls	*You can call the coach at your own expense. **Coach can call you once per week starting July 1st. ***Telephone calls are unlimited during contact periods.
Off-Campus Contact	*Allowed but no more than 3 times.
Official Visits	*You can start official visits on the opening day of your classes. **You get one

	per college and a maximum of 5 visits to D1, and unlimited visits to D2, D3 and NAIA schools.
Unofficial visits	*Unlimited

**Other important information:**

- **Women's Volleyball - College coaches have 80 days in which to evaluate you. They cannot exceed that number.**
- **College coaches have 80 evaluation days and 20 additional evaluation days (for sand volleyball competition only).**
- **Women's Sand Volleyball - College coaches have 80 days in which to evaluate you. They cannot exceed that number.**
- **College coaches can evaluate and/or contact you no more than 7 times during your senior year.**
- **During your senior year a college coach cannot contact you more than 3 times.**

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**As a Sophomore in high school:**

Recruiting Tactic	As a Sophomore
Recruiting Material	*You may receive brochures for camps and questionnaires.
Telephone Calls	*You can call the coach at your own expense. **After June 15th coaches can call, text, and email you unlimited.
Off-Campus Contact	*After June 15 of your Sophomore year, these contacts are unlimited.
Official Visits	*Not Permitted
Unofficial Visits	*Unlimited

**As a Junior in High School:**

Recruiting Tactic	As a Junior
Recruiting Material	*You can begin to receive recruiting material and information from the coach.
Telephone Calls	*You can call the coach at your own expense. **College coach can call, text, and email you unlimited.
Off-Campus Contact	*Unlimited
Official Visits	*Not Permitted

Unofficial Visits	*Unlimited
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**As a Senior in high school:**

Recruiting Tactic	As a Senior
Recruiting Material	*You can receive material and information from the coach
Telephone Calls	*You can call the coach at your own expense. **College coach can call, text, and email you unlimited.
Off-Campus Contact	*Unlimited
Official Visits	*You can start official visits on the opening day of your classes. **You get one per college and a maximum of 5 visits to D1, and unlimited visits to D2, D3 and NAIA schools.
Unofficial visits	*Unlimited

**Other important information:**

- **Division 2 does not have any rules on the number of evaluations per student athletes.**
- **College coaches cannot contact you on competition or practice days until your event is finished, and you are dismissed by the proper authority (like your high school coach or athletic director).**
- **During a contact period college coaches can make only one visit per week to your high school.**